

# **THE HAPPINESS PROJECT**

Sunday OCT. 8, 2017

**Ps. 145: 1-13**

**p. 676-7**

**Sermon, Happiness Is  
Learned Not Earned**



**JUST  
LUCKY  
?**



**UNHAPPY**



*Vs.*



**HAPPY**

A photograph of a stone archway, likely part of a building or a tunnel. The arch is constructed from large, roughly-hewn stone blocks. The lighting is warm and golden, creating a soft glow around the arch and casting gentle shadows. The background is a solid, light yellow color, which makes the stone structure stand out. The overall mood is serene and historical.

# **A FEW GOOD MEN**



# **THE HAPPINESS PROJECT**

Sunday OCT. 1, 2017

**Phil. 2:19-30**

**p. 1260**

**Sermon, Happiness Is  
Learned Not Earned**



# PHILIPPIANS 2:19-30, p. 1260

**“I hope in the Lord Jesus to send Timothy to you soon, SO THAT I MAY BE CHEERED when I receive news about you. I have no one else like him, who takes a genuine interest in your welfare. For everyone looks out for his own interests, not those of Jesus Christ. But you know that Timothy has proved himself, because as a son with his father he has served with me in the work of the gospel. I hope, therefore, to send him as soon as I see how things go with me. And I am confident in the Lord that I myself will come soon.**

# PHILIPPIANS 2:19-30, p. 1260

**But I think it is necessary to send back to you Epaphroditus, my brother, fellow worker and fellow soldier, who is also your messenger, whom you sent to take care of my needs. For he longs for all of you and is distressed because you heard he was ill. Indeed he was ill, and almost died. But God had mercy on him, and not on him only but also on me, to spare me sorrow upon sorrow.**

# PHILIPPIANS 2:19-30, p. 1260

**Therefore I am all the more eager to send him, so that when you see him again YOU MAY BE GLAD and I MAY HAVE LESS ANXIETY. Welcome him in the Lord with great joy, and honor men like him, because he almost died for the work of Christ, risking his life to make up for the help you could not give me.”**



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Aveleigh, Newberry's  
Family Church

**Paul endorsed two men  
as role models,**

**Timothy: “*I have no one  
else like him!*” vs. 20**

**Epaphroditus:**

***“Welcome him...***

***HONOR men like him.”***

***vs. 29***

**A FEW GOOD MEN**



**Paul said sending  
these men would bring  
happiness!**

**I'm sending (these  
men)... “so that I may  
be **CHEERED**”**

**vs. 19**

**“so that you may be  
**GLAD**” vs28a**

**“so that I may have  
**less ANXIETY**” vs. 28b**

**“it will make me happy  
and lighten my cares”  
(Living Bible)**

TO BE HAPPY  
LEARN.....



1. SHIFT THE  
FOCUS AWAY  
FROM MYSELF.

**“I have no  
one else like  
him, who takes  
a genuine  
interest in your  
welfare.”**

**Vs 20-21**



**FOR  
EVERYONE ELSE  
LOOKS OUT FOR  
HIS OWN  
INTERESTS...”  
**PHIL. 2:20-21****



***(TEV) “HE  
GENUINELY CARES  
FOR YOU... OTHERS  
ONLY CARE ABOUT  
THEMSELVES.”***

***(PH) “...THEY  
ARE ALL WRAPPED  
UP IN THEIR OWN  
AFFAIRS...”***



## **2. BECOME SOMEONE THAT PEOPLE TRUST.**

**“Timothy has proved himself,  
because as a son with his father,  
he has served with me in the  
work of the gospel.”**

**Phil. 2:22**

## **2. BECOME SOMEONE THAT PEOPLE TRUST.**

**1, live with integrity.**

**“Reliable friends who do what they say are like cool drinks in sweltering heat—refreshing!”**

**Prov. 25:13 (MSG)**

**2, KEEP YOUR  
PROMISES. *“THEY  
ALWAYS DO WHAT  
THEY PROMISE, NO  
MATTER HOW MUCH IT  
MAY COST.”* PSALM  
15:4 (TEV)**

*TRUST*

# 3. LEARN HOW TO WORK WELL WITH OTHERS.

**“I send back to you Epaphroditus, my brother, my fellow worker and my fellow soldier, is also your messenger, whom you sent to take care of my needs.” Phil. 2:25**

**(GN) “...he has worked and fought by my side”**

# 1, LEARN TO COOPERATE

**JESUS: “YOU’RE  
BLESSED WHEN YOU  
CAN SHOW PEOPLE HOW  
TO COOPERATE INSTEAD  
OF COMPETE OR FIGHT.”**


**MATT. 5:9 (MSG)**

**2, LEARN TO BE  
CONSIDERATE.**

**“BUT NOW, I MUST SEND  
HIM BACK TO YOU,  
BECAUSE HE LONGS TO SEE  
ALL OF YOU, AND HAS BEEN  
WORRIED ABOUT YOUR  
DISTRESS SINCE YOU  
HEARD THAT HE WAS SICK.”**

**PHIL. 2:25-26 (NCV)**





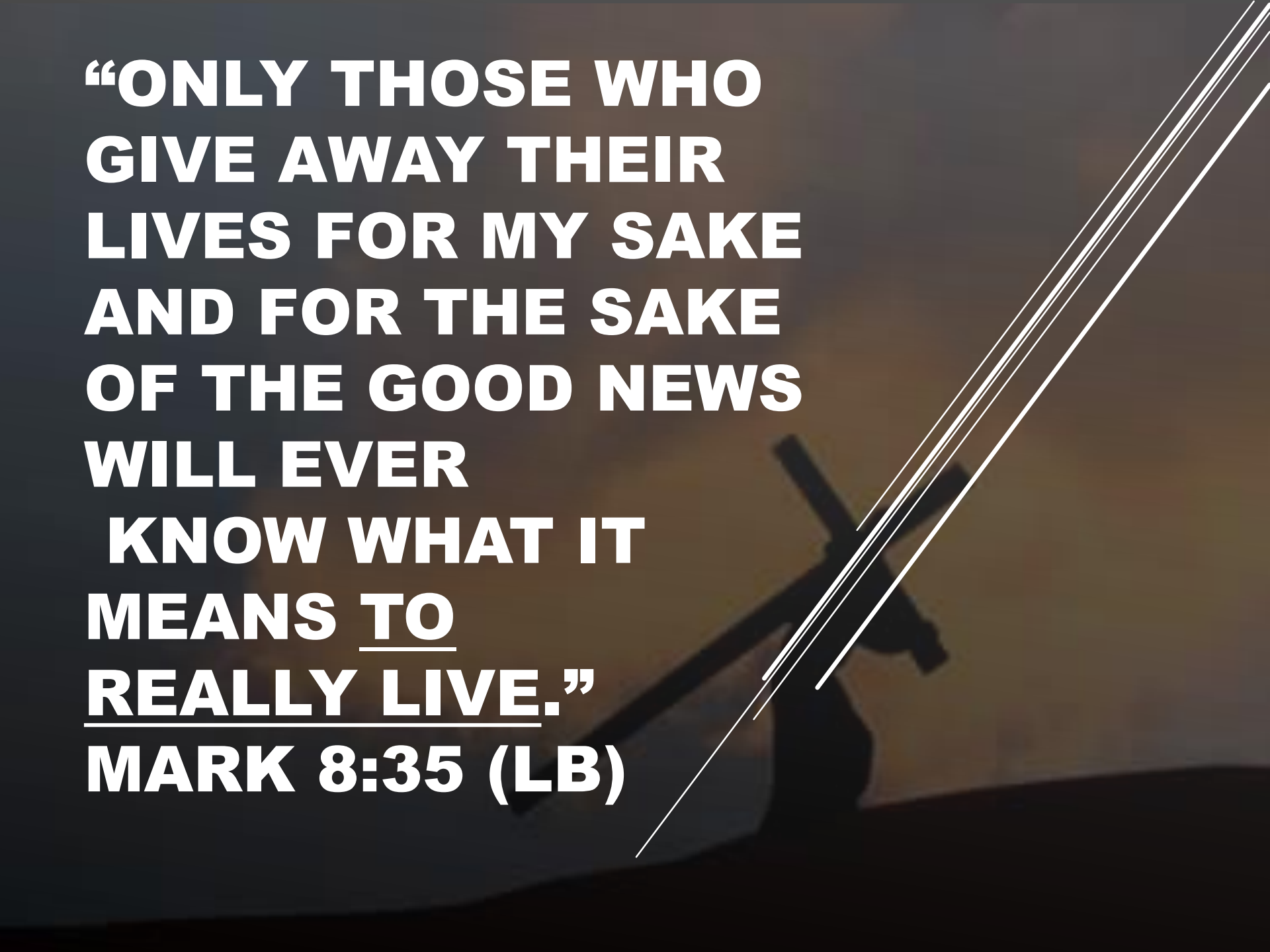
**“You must get along with  
each other! You must  
learn to be considerate  
of one another,  
cultivating a life in  
common.” 1 Cor. 1:10  
(MSG)**

**“I don't just do what I  
like or what is best for  
me, but what is best for  
everyone so they may be  
saved.” 1 Cor. 10:33  
(NLT)**



## **4. LIVE FOR SOMETHING WORTH DYING FOR.**

**“Indeed he was very ill, and he almost died... he RISKED HIS LIFE for the work of Christ, and he was at the point of death while trying to do for me the things you couldn't do because you were far away!” Phil 2:27 +30 (NLT)**



**“ONLY THOSE WHO  
GIVE AWAY THEIR  
LIVES FOR MY SAKE  
AND FOR THE SAKE  
OF THE GOOD NEWS  
WILL EVER  
KNOW WHAT IT  
MEANS TO  
REALLY LIVE.”  
MARK 8:35 (LB)**

JOIN



THE

HAPPINESS

PROJECT

## PRAYER

**Lord Jesus, I ask for all  
our Aveleigh Church  
family, for all their  
families, and all their  
acquaintances, grant us  
Your spiritual gift of joy,  
that we always may be  
happy. Amen**