

Aveleigh's **PROJECT HAPPINESS** Week 3 of 10  
Sunday Sept. 24, 2017  
Sermon: **HAPPY PEOPLE WALK THE HUMBLE PATH**  
Texts Res. Proverbs 13: 3 – 10 p. 692 & Philippians 2:1-11 p. 1260  
Sept 24, 17

*"Pride always leads to arguments." Prov. 13:10*

PHILIPPIANS 2:1-11

Vs. 1-2	Happiness comes from Harmony
Vs. 3-5	Harmony comes from Humility
Vs. 6-11	Jesus modeled both

**HARMONY CREATES HAPPINESS**

*"You will make my JOY COMPLETE by having the same mind, by sharing the same love, by being united in spirit, and intent on one purpose." Phil. 2:2 (NAS)*

**BY REDUCING CONFLICT WITH OTHERS**

**1. NEVER ALLOW PRIDE TO BE YOUR GUIDE**

*"Don't do anything from selfish ambition or from vain conceit."*

Phil. 2:3a

o Selfish Ambition:

*"Wherever there's jealousy or selfish ambition, you will find confusion and every other kind of evil." James 3:16*

*"Our self-indulgent nature shows itself... in conflict, quarreling, jealousy, outbursts of anger, selfish ambition, causing divisions among people, and the feeling that everyone is wrong except those in your own little group." Gal. 5:19-21*

o Vain Conceit:

(LB) *"Don't live to make a good impression on others."*

(TEV) *"Don't do anything from a cheap desire to boast."*

**2. LIVE HUMBLE OR STUMBLE**

*"Instead, be humble and give more honor to others than to yourself." Phil. 2:3b*

*"God opposes the proud but gives grace to the humble." James 4:6*

### 3. LEARN THE LOST ART OF PAYING ATTENTION

*“Don’t be interested only in your own life, but be interested in what concerns others too.” Phil. 2:4*

*Jesus: “If you want to be my disciple, you must deny yourself, take up your cross every day, and follow me.” Luke 9:23*

### 4. ASK YOURSELF WHAT WOULD JESUS DO.

*“Your attitude should be the same as that of Christ Jesus.” Phil. 2:5*

#### CONCLUSION: ACTING LIKE JESUS MEANS...

##### a. DON’T DEMAND WHAT I THINK I DESERVE

*“Though he was God, he did not demand and cling to his rights as God. He emptied himself of all he had...” Phil. 2:6*

##### b. LOOK FOR OPPORTUNITIES TO SERVE

*“Jesus took on the nature of a servant, becoming a human just like us.” Phil. 2:7*

##### c. DO WHAT IS RIGHT EVEN IF IT IS PAINFUL

*“While living as a man, Jesus humbled himself even more, by being fully obedient to God, even when that meant his death on a cross!” Phil. 2:8 (NCV)*

**PRAYER:** Dear God, I want to be what you want me to be. I want to live a happy life and I want to live with harmony in my relationships and I certainly don’t want to live with conflict. Help me to do it. Help me to remember to never let my pride be my guide, to not let the attitude of it’s all about me or I’m always right get in the way of what you want to do. Help me to be humble so I don’t stumble. Help me to be honest about my weaknesses. Help me to think not less *of* myself but less *about* myself. Help me to think more about others and more about you. To not be so self-obsessed with what do other people think about me. And dear God, help me to learn the lost art of paying attention. Help me to be interested in what other people are interested in too, and to show it in love by paying attention, by listening. And when I’m in the tough times of life help me to ask, What would Jesus do? Help me not to demand what I think I deserve, but to be like Jesus. Help me to be humble and be willing to back down. To be willing to say, I was wrong. Please forgive me. Lord, I know if I walk in humility and dependence before you, you have promised to reward me with the promises of Your Spiritual Gift of Joy. I want to be happy. In Christ name I pray. Amen.

**FOUR FOR THE ROAD AHEAD, 1, Who seems happy to you?**

2. Are they really happy or do they just seem happy to you?
3. What does humility mean to you?
4. Are you happy?

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Call to worship

Leader: In the midst of meaninglessness,

People: You call us to meaning, O God.

Leader: In the midst of divisiveness,

People: You call us to community through Christ.

Leader: Out of our brokenness,

People: You call us to happiness.

Leader: In Christ's given joy and happiness, let us worship God.

Prayer of confession

Dear God, I want to be what you want me to be. I want to live a happy life and I want to live with harmony in my relationships and I certainly don't want to live with conflict. Help me to do it your way. Help me to remember to never let my pride be my guide, to not let the attitude of it's all about me or I'm always right get in the way of what you want to do. Help me to be humble so I or others don't stumble. Help me to think more about others and more about you. To not be so self-obsessed with what do other people think about me.

And dear God, help me to learn the lost art of paying attention. To not just be interested in my sports, my hobbies, my school, my career, my interests, my family. Help me to be interested in what other people are interested in too, and to show it in love by paying attention, by listening.

Help me not to demand what I think I deserve, but to be like Jesus. And when I think life is unfair, help me to remember the cross and how unfair that was. And help me to look for opportunities everyday where I can serve. Help me to be humble and be willing to back down. To be willing to say, I was wrong. Please forgive me. Lord, I know if I walk in humility and dependence before you, you have promised Your spiritual gift of JOY and I shall be happy. Amen.