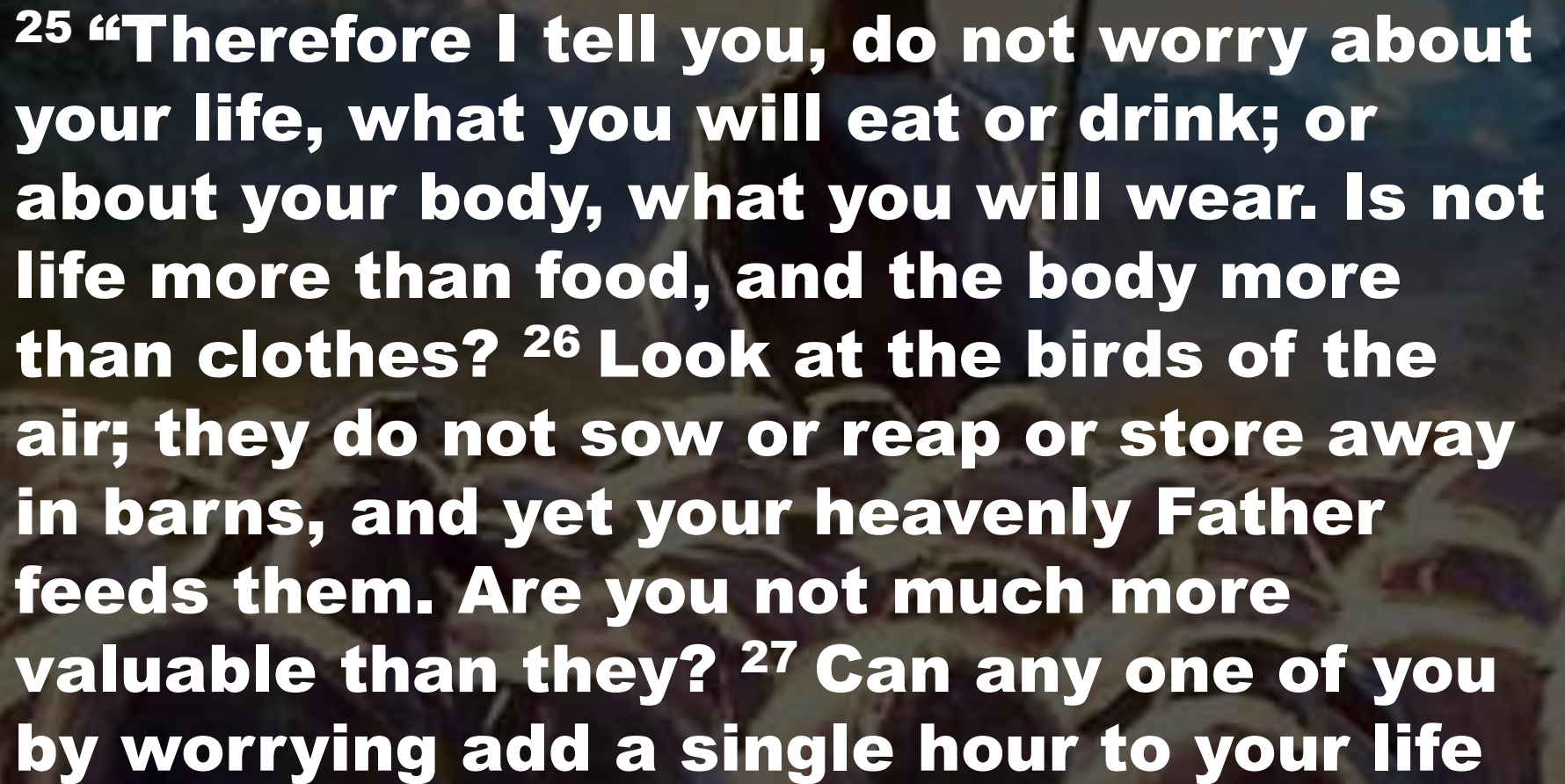




**AVELEIGH'S SEASON
OF INSPIRATION, A
NINE WEEK
STUDY OF THE 23RD
PSALM**

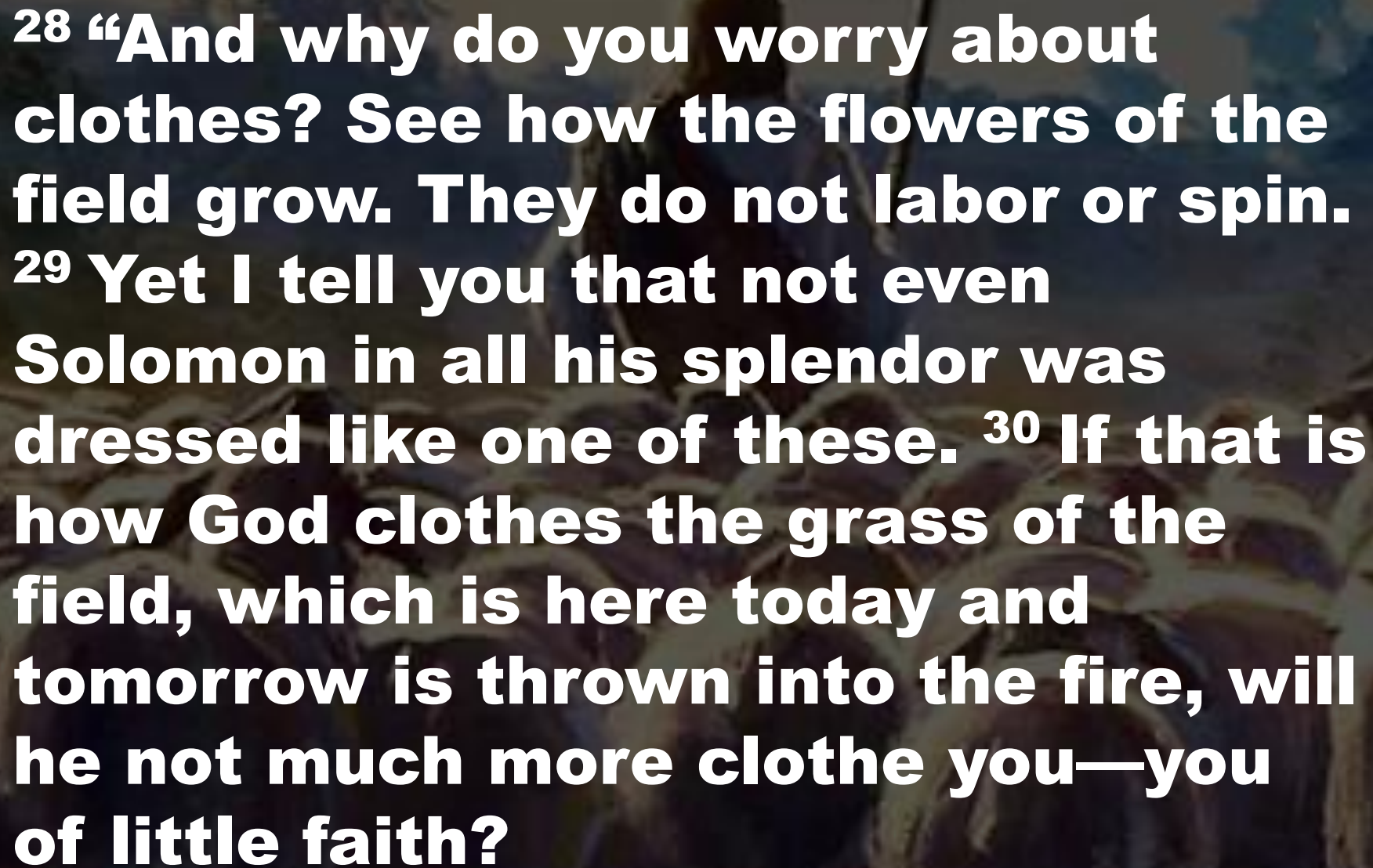
**Inspiration is Recognizing
The Goodness of God**

Mat. 6:25-34 p. 1041

A shepherd with a staff and sheep in a field. The shepherd is in the center, wearing a blue shirt and dark pants, holding a long staff. He is surrounded by a large flock of sheep in a grassy field. The background shows a line of trees under a clear sky.

25 “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? 27 Can any one of you by worrying add a single hour to your life

MATTHEW 6:25-34 NIV PAGE. 1041

A person is seen from behind, standing in a field of tall, light-colored flowers. The person is wearing a dark top and light-colored pants. The background is a soft-focus landscape with more flowers and a clear sky. The text is overlaid on the image in a bold, white font.

**28 “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin.
29 Yet I tell you that not even Solomon in all his splendor was dressed like one of these. 30 If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith?”**

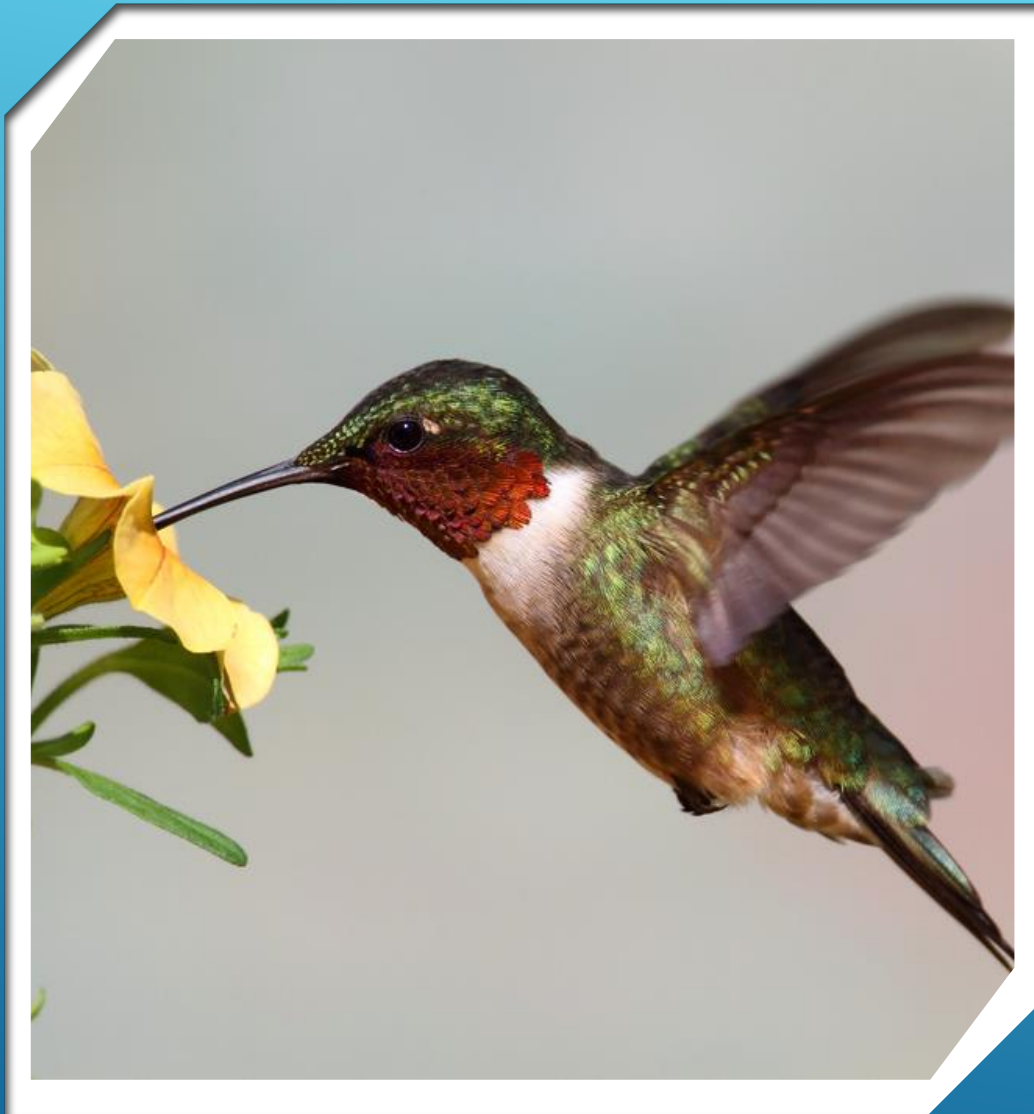
31 So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'

32 For the pagans run after all these things, and your heavenly Father knows that you need them. 33 But seek first his kingdom and his righteousness, and all these things will be given to you as well.

34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.



TEXT:
**“THE LORD IS MY SHEPHERD,
I WILL LACK NOTHING!”**
PSALM 23:1



INTRO:
GOD'S
GOODNESS
IS THE
SOURCE OF
EVERYTHING
WE NEED



**FEEDS, LEADS, &
MEETS NEEDS**

**THERE IS NOTHING
WE NEED THAT GOD
CAN'T SUPPLY.**

**“God will supply
all you'll ever
need from his
glorious
resources in
Christ Jesus.”**

Phil. 4:19 (Ph)



**GOD DOESN'T
WANT YOU TO
WORRY ABOUT
ANYTHING.**

**“Don't worry
about anything!
Instead, pray
about
everything.”
Phil 4:6a (LB)**



a. Worry is Unreasonable



**“DO NOT WORRY ABOUT YOUR LIFE —
WHAT YOU’LL EAT OR DRINK, AND DON’T
WORRY ABOUT YOUR BODY, OR WHAT
YOU’LL WEAR. YOUR LIFE IS FAR MORE
IMPORTANT THAN CLOTHES.”**

MATTHEW 6:25

WORRY IS UNNATURAL.

**“LOOK AT THE BIRDS OF
THE AIR; THEY DO NOT
SOW OR REAP OR STORE
AWAY IN BARNs, AND YET
YOUR HEAVENLY FATHER
FEEDS THEM. ARE YOU
NOT MUCH MORE
VALUABLE THAN
THEY?” “AND WHY WORRY
ABOUT YOUR CLOTHES?
LOOK AT THE FIELD LILIES!
THEY DON'T WORRY
ABOUT THEIRS. YET KING
SOLOMON IN ALL HIS
GLORY WAS NOT CLOTHED
AS BEAUTIFULLY AS THEY.”**

MAT. 6:28-29 (LB)





***WORRY IS
UNHELPFUL***

**“WHO OF
YOU BY
WORRYING
CAN ADD A
SINGLE
HOUR TO
HIS LIFE?”**

MAT. 6:27 NIV



**“WORRY
WEIGHS
US**

DOWN.”

**PROVERBS
12:25A (MES)**

“If God cares so wonderfully even for the flowers that are here today and gone tomorrow, won’t he more surely care for you?” Matthew 6:30 (LB)

WORRY IS UNNECESSARY.





WORRY IS UNBELIEF
“PEOPLE WHO DON’T KNOW GOD AND THE WAY
HE WORKS — THEY WORRY OVER THESE
THINGS.”
MATT. 6:32A (MES)



**HOW DO I
TRUST JESUS
TO MEET MY
NEEDS?**



**EVERY DAY, ASK JESUS
TO BE YOUR SHEPHERD.**

Jesus: “I am the good shepherd; I know my own sheep, and they know me . . . and I lay down my life for my sheep.”

John 10:14-15 (NLT)

**“Come save us and
bless us Lord! Be our
shepherd and always
carry us in your arms.”**

Psalm 28:9 (CEV)

***EVERY DAY, ASK JESUS TO BE YOUR
SHEPHERD.***

**▶ GIVE JESUS FIRST PLACE
IN EVERY AREA OF YOUR
LIFE.**

**▶ Your Heavenly Father
already knows perfectly well
what you need, and He will
give you what you need IF you
give Him first place in your life
and live as He wants you
to.”Matthew 6:32-33**

**RELAX AND GIVE
CHRIST YOUR
WORRIES IN PRAYER.**

**“Give all your
worries and cares to
God, for he cares
about what
happens to you.”**

1 Peter 5:7 (NLT)

“Don’t worry about anything; instead, pray about everything. Tell God about all your needs and thank him for all he’s done/ for you. If you do this things, you will experience God’s peace, which is far more wonderful than the human mind can understand.” Phil. 4:6-7 (LB)





**TRUST HIM FOR ONE
DAY AT A TIME.**

**“DON’T WORRY ABOUT
TOMORROW, BECAUSE
TOMORROW WILL HAVE
ITS OWN WORRIES.
EACH DAY HAS
ENOUGH TROUBLE OF
ITS OWN.”**

MAT. 6:34 (NCV)



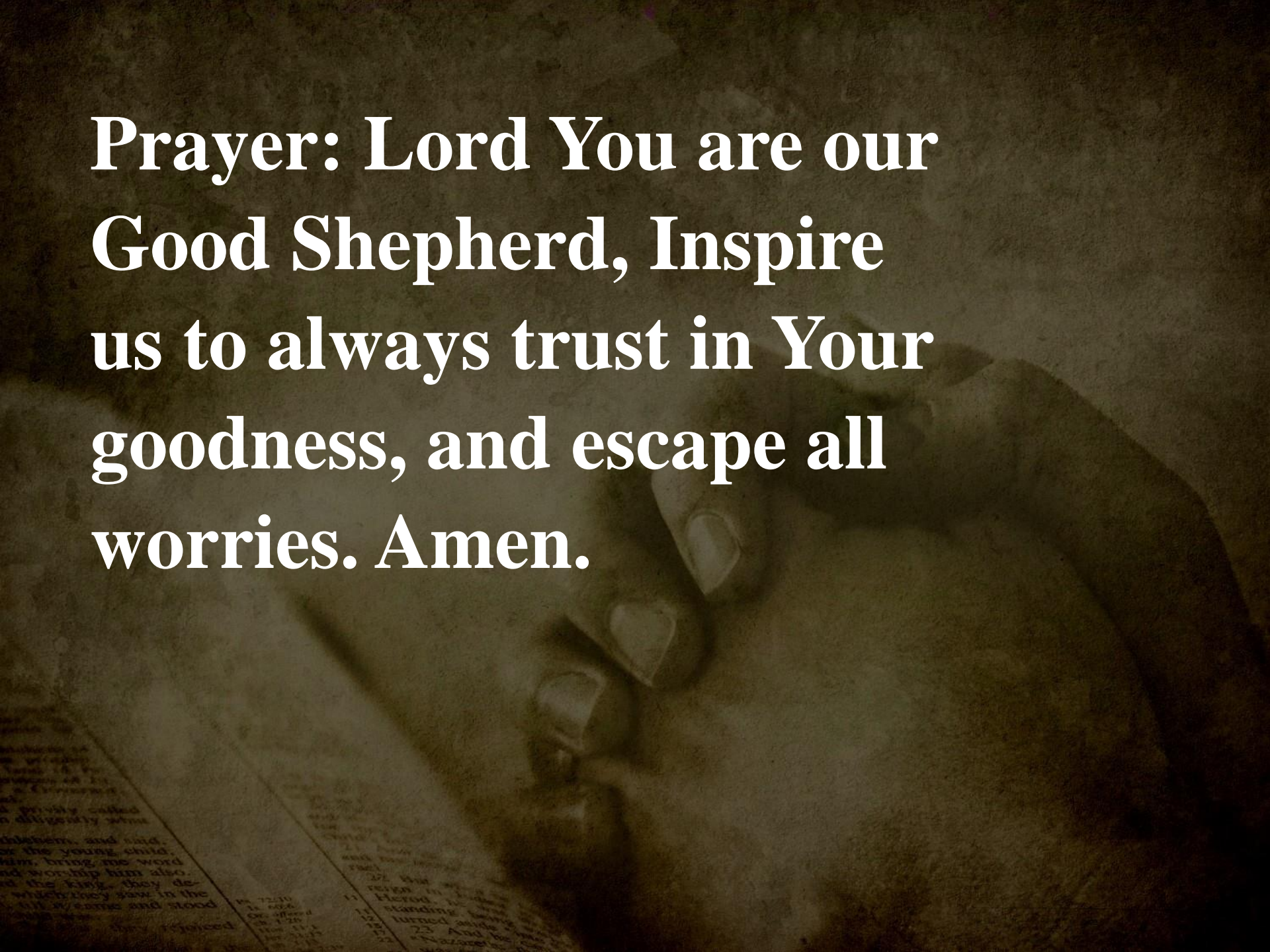
**“GIVE YOUR ENTIRE ATTENTION TO
WHAT GOD IS DOING RIGHT NOW, AND
DON’T GET WORKED UP ABOUT WHAT
MAY OR MAY NOT HAPPEN TOMORROW.
GOD WILL HELP YOU DEAL WITH
WHATEVER HARD THINGS COME UP
WHEN THE TIME COMES.”**

MAT. 6:34 (MES)



**AVELEIGH'S SEASON OF INSPIRATION,
A NINE WEEK
STUDY OF THE 23RD PSALM**

**Inspiration is Recognizing
The Goodness of God**



**Prayer: Lord You are our
Good Shepherd, Inspire
us to always trust in Your
goodness, and escape all
worries. Amen.**

A shepherd with a staff leading a flock of sheep in a field. The shepherd is seen from behind, wearing a dark jacket and a hat, holding a long, curved staff. The sheep are in the foreground, and the background shows a hazy, mountainous landscape under a blue sky.

RESPONSIVE
BENEDICTION

**LEADER: GOD
IS GOOD**

A shepherd with a staff leading a flock of sheep in a hazy, mountainous landscape. The shepherd is seen from behind, wearing a dark robe and holding a long, curved staff. The sheep are in the foreground, and the background shows rolling hills and mountains under a soft, hazy sky.

RESPONSIVE
BENEDICTION

**People, All
The Time**

