

**AVELEIGH'S SEASON OF INSPIRATION**  
**SUNDAY JAN. 13, 2019**  
**SERMON: GOD'S GOODNESS WILL SUPPLY ALL YOUR NEEDS**  
**TEXTs: Mat. 6:25-34      &    PSALM 23:1**

**CALL TO WORSHIP**

Leader: What is distracting you from worship today?

People: So much demands our attention: our families, our work, our friends, our health and, let's not forget, lunch!

Leader: But who can add a moment to their lives worrying?

People: Today we declare whom we serve, in whom we put our trust. Today we commit to God all that is holding us back from worship.

Leader: Seek ye first the kingdom of God, and all these things will be given to you, as well.

**Prayer of confession**

Merciful God, Our Good Shepherd, worry and anxiety are robbing us of our lives. They're dragging us from the ones we love; they're dragging us away from our relationship with God. This way of living is unsustainable, Lord. We confess that we have allowed the pressures and call of the world to drag us from you and from the way of life to which you've called us. Amen.

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**TEXT: "THE LORD IS MY SHEPHERD, I WILL LACK NOTHING!" PSALM 23:1**

**INTRO: GOD'S GOODNESS IS THE SOURCE OF EVERYTHING WE NEED**

**THERE IS NOTHING I NEED THAT GOD CAN'T SUPPLY.**

"God will supply all you'll ever need from his glorious resources in Christ Jesus." Phil. 4:19 (Ph)

**GOD DOESN'T WANT YOU TO WORRY ABOUT ANYTHING.**

"Don't worry about anything! Instead, pray about everything." Philippians 4:6a (LB)

***1 WHY DOES GOD TELL US NOT TO WORRY? (Matthew 6:25-34)***

***a. WORRY IS UNREASONABLE.***

"Do not worry about your life — what you'll eat or drink, and don't worry about your body, or what you'll wear. Your life is far more important than clothes." Matthew 6:25

***b. WORRY IS UNNATURAL.***

"Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?" "And why worry about your clothes? Look at the field lilies! They don't worry about theirs. Yet King Solomon in all his glory was not clothed as beautifully as they." Matthew 6:28-29 (LB)

***c. WORRY IS UNHELPFUL***

"Who of you by worrying can add a single hour to his life?" Matthew 6:27 (NIV)

"Worry weighs us down."

Proverbs 12:25a (Mes)

***d. WORRY IS UNNECESSARY.***

"If God cares so wonderfully even for the flowers that are here today and gone tomorrow, won't he more surely care for you?" Matthew 6:30 (LB)

***e. WORRY IS UNBELIEF*** "People who don't know God and the way He works — they worry over these things." Matthew 6:32a (Mes)

## 2. HOW DO I TRUST JESUS TO MEET MY NEEDS?

### a. *EVERY DAY, ASK JESUS TO BE YOUR SHEPHERD.*

Jesus: “I am the good shepherd; I know my own sheep, and they know me . . . and I lay down my life for my sheep.”  
John 10:14-15 (NLT)

### b. **GIVE JESUS FIRST PLACE IN EVERY AREA OF YOUR LIFE.**

Your Heavenly Father already knows perfectly well what you need, and He will give you what you need IF you give Him first place in your life and live as He wants you to.”Matthew 6:32-33

### c. **RELAX AND GIVE CHRIST YOUR WORRIES IN PRAYER.**

“Give all your worries and cares to God, for he cares about what happens to you.”  
1 Peter 5:7 (NLT)

“Don’t worry about anything; instead, pray about everything. Tell God about all your needs and thank him for all he’s done/ for you. If you do this things, you will experience God’s peace, which is far more wonderful than the human mind can understand.” Philippians 4:6-7 (LB)

### d. **TRUST HIM FOR ONE DAY AT A TIME.**

“Don’t worry about tomorrow, because tomorrow will have its own worries. Each day has enough trouble of its own.”  
Matthew 6:34 (NCV)

“Give your entire attention to what God is doing right now, and don’t get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes.”  
Matthew 6:34 (Mes)

**Prayer: Lord You are my Good Shepherd, Inspire me to always trust in Your goodness, and escape all worries. Amen.**

1. **FOUR FOR THE ROAD:** What role does worry play in your life? What is the primary cause of that worry?
2. Worry has been described as unreasonable, illogical, unhelpful, and unnecessary. Which of these terms resonates with you about worry and why?
3. One way to trust Jesus to meet our needs is to remind ourselves everyday that he is our shepherd. Spend a few minutes together memorizing Psalm 23:1.
4. Even as we trust him to meet our needs, the outcome may not always be what we expect. How can we trust that God has our ultimate best in mind even when he doesn’t “move the mountains”?