

## Aveleigh's Faith Five

**Will the next generation have faith?** We at Aveleigh are definitely praying so!

We're excited to share the below idea with you that will prayerfully help you grow in your faith as a family. It's called **Faith Five** and it is something simple that you can do together as a family every day **in 2019** (and hopefully beyond). Here are the details below (FYI - I received the below email and link from General Presbyter, Danny C. Murphy.)

"Developmental research reveals that **parents are the single most important influence in the faith development of a child**. Can you guess the **second most important** influence? That is correct! **Grandparents**. **In an effort to make sure that the next generation does have faith**, (Aveleigh) is using a **simple five-step process to nurture and empower their parents and grandparents** to share Christian faith with their children and grandchildren every night at home.

**In a nutshell, here is how it works.** Before going to bed, everyone in the family drops what they are doing, turns off the television, puts down the newspaper or their homework, sets the cell phone on silence and gathers in a room of the convener's choice. Then they take time going through these five simple steps:

- Step 1. SHARE** your highs and lows of the day
- Step 2. READ** a verse or story from the Bible (**see our Aveleigh Monthly Prayer Calendar on this website if need a Bible Verse**)
- Step 3. TALK** about how the Bible reading might apply to your highs and lows or another area of your life
- Step 4. PRAY** with each other, for one another's highs and lows, for your family, and for the world
- Step 5. BLESS** one another

**Watch the video below to view an abbreviated version of how one family shares** their highs and lows of the day, reads and applies Scripture to their lives, prays with each other, and blesses one another. Be sure to listen to how the parents knew for sure that **Faith 5** was working in their home. The answer may surprise you."

[Click Here to View the Video](#)

We're excited to see how God is going to use the above format to help your family become closer and grow together in your faith!